

Table 1: Baseline characteristics of study participants

Characteristics	Control	Intervention
	n=728	n=693
Age in years, mean (SD)	12.90 (.52)	12.96 (.56)
Maturity offset in years, mean (SD)	.09 (.83)	.24 (.88)
Sex (%)		
Female	41.00	48.10
Male	59.00	51.90
Country of birth (%)		
Australia	81.30	77.90
Other	18.70	22.10
Ethnicity (%)		
English and European	56.70	58.30
Aboriginal and Torres Strait Islander	10.10	9.0
Other	32.20	32.70
Socioeconomic status, mean (SD)	13.95 (5.87)	13.66 (5.90)
Weight status category (%)		
Underweight	24.80	24.30
Normal weight	50.80	50.20
Overweight	17.40	18.40
Obese	7.10	7.20