

Table 2: Baseline and follow-up values for intervention and control groups

Variables	Control				Intervention			
	n	Baseline Mean (SD)	n	Follow-up Mean (SD)	n	Baseline Mean (SD)	n	Follow-up Mean (SD)
Mathematics performance	589	523.68 (83.70)	580	574.95 (77.19)	584	512.88 (65.42)	584	572.19 (62.89)
MVPA in PE (%)	728	18.85 (7.17)	542	17.82 (9.47)	693	18.19 (6.15)	529	22.48 (9.24)
MVPA leisure time (%)	616	7.71 (4.45)	490	8.57 (5.90)	607	7.96 (5.32)	535	8.14 (5.14)
Behavioral engagement	652	4.05 (.72)	610	3.93 (.77)	666	4.13 (.66)	603	3.90 (.76)
Cognitive engagement	650	3.08 (.90)	619	2.98 (.90)	666	3.09 (.88)	604	2.98 (.93)
Emotional engagement	651	3.02 (1.10)	619	3.01 (1.03)	666	3.00 (1.06)	604	2.95 (1.06)

Note. MVPA = moderate-to-vigorous physical activity, PE = physical education, SD = standard deviation