

Database: PubMed

Search terms

- **Generic (based on audit guidelines):** (athlete OR sport OR healthy OR female OR male OR sex OR wom?n OR m?n) AND (exercise OR performance OR endurance OR aerobic OR strength OR power OR anaerobic) NOT animal NOT rodent NOT warm-up
- **Heat adaptation specific:**
 - acclim* OR adapt* OR thermoreg* OR sweat* OR training
 - heat OR hot OR warm
- **Additional search terms (specific to the subdiscipline of SSSM):** (Physiol* OR Adapt* OR "core temperature" OR "rectal temperature" OR "skin temperature" OR "skin blood flow" OR "heart rate" OR "oxygen consumption" OR "lactate concentration" OR "plasma volume" OR "sweat rate" OR "subjective measure*" OR "rating of perceived exertion" OR "thermal comfort" OR "thermal sensation" OR "thermal strain" OR "work output" OR "menstrual cycle" OR "contraceptive pill" OR metabolism OR hormonal OR neuroendocrine OR adrenaline OR "heat illness" OR "VO2max" OR "VO2peak" OR "hemoglobin concentration" OR "hematocrit" OR "hemoglobin mass" OR "VO2" OR "body mass" OR "menstruation" OR "contraceptive users" OR amenorrhea OR pregnancy OR contracept*)