

Supplementary Material S2. Heat adaptation audit flow chart. Heat adaptation (HA), hormonal contraception (HC), female (F), male (M), menstruating (men). Bold text donates papers, non-bold text is used for studies. From section B onwards, all counts and percentages refer to individual studies (not papers). \*\* Studies comparing Tier 1 vs Tier 2 comparison, # Unclassified vs Tier 2 comparison, and \* Tier 2 vs Tier 4 comparison.