The global burden of adolescent and young adult cancer in 2019: a systematic analysis for the Global Burden of Disease Study 2019

GBD 2019 Adolescent and Young Adult Cancer Collaborators *

Summary
Background In estimating the global burden of cancer, adolescents and young adults with cancer are often overlooked, despite being a distinct subgroup with unique epidemiology, clinical care needs, and societal impact. Comprehensive estimates of the global cancer burden in adolescents and young adults (aged 15–39 years) are lacking. To address this gap, we analysed results from the Global Burden of Diseases, Injuries, and Risk Factors Study (GBD) 2019, with a focus on the outcome of disability-adjusted life-years (DALYs), to inform global cancer control measures in adolescents and young adults.

Methods Using the GBD 2019 methodology, international mortality data were collected from vital registration systems, verbal autopsies, and population-based cancer registry inputs modelled with mortality-to-incidence ratios (MIRs). Incidence was computed with mortality estimates and corresponding MIRs. Prevalence estimates were calculated using modelled survival and multiplied by disability weights to obtain years lived with disability (YLDs). Years of life lost (YLLs) were calculated as age-specific cancer deaths multiplied by the standard life expectancy at the age of death. The main outcome was DALYs (the sum of YLLs and YLDs). Estimates were presented globally and by Socio-demographic Index (SDI) quintiles (countries ranked and divided into five equal SDI groups), and all estimates were presented with corresponding 95% uncertainty intervals (UIs). For this analysis, we used the age range of 15–39 years to define adolescents and young adults.

Findings There were 1·19 million (95% UI 1·11–1·28) incident cancer cases and 396 000 (370 000–425 000) deaths due to cancer among people aged 15–39 years worldwide in 2019. The highest age-standardised incidence rates occurred in high SDI (59·6 [54·5–65·7] per 100 000 person-years) and high-middle SDI countries (53·2 [48·8–57·9] per 100 000 person-years), while the highest age-standardised mortality rates were in low-middle SDI (14·2 [12·9–15·6] per 100 000 person-years) and middle SDI (13·6 [12·6–14·8] per 100 000 person-years) countries. In 2019, adolescent and young adult cancers contributed 23·5 million (21·9–25·2) DALYs to the global burden of disease, of which 2·7% (1·9–3·6) came from YLDs and 97·3% (96·4–98·1) from YLLs. Cancer was the fourth leading cause of death and tenth leading cause of DALYs in adolescents and young adults globally.

Interpretation Adolescent and young adult cancers contributed substantially to the overall adolescent and young adult disease burden globally in 2019. These results provide new insights into the distribution and magnitude of the adolescent and young adult cancer burden around the world. With notable differences observed across SDI settings, these estimates can inform global and country-level cancer control efforts.

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Articles

Research in context

Evidence before this study
Adolescents and young adults with cancer represent a transition population within the cancer continuum between children and older adults. As adolescents and young adults with cancer are treated by a variety of specialists, their unique epidemiology and clinical care needs are often overlooked. Although improvements in survival for children and adults with cancer are reported in high-income countries, less incremental progress has been observed among adolescents and young adults. Added complexities of cancer in this age group include the potential impact of a cancer diagnosis on starting or caring for their families and careers, access to care, diagnostic delays, and abandonment of therapy—issues that exist globally. Previous work assessing the global burden of adolescent and young adult cancer has focused on incidence and mortality, and has occasionally used a more restrictive age range than presented in this study. International adolescent and young adult cancer incidence patterns across time have been reported with data from Cancer Incidence in Five Continents reports, and national-level estimates have been reported from select, primarily high-income, countries. These publications have begun to raise awareness of adolescents and young adults as a distinctive population within the oncology community globally. However, to our knowledge, no previous publication has incorporated the impact of morbidity or done a comparative analysis of cancer within the broader context of the adolescent and young adult disease burden. We searched PubMed for English-language research articles describing the global burden of adolescent and young adult cancers between Jan 1, 2010, and Feb 1, 2021, using the terms “adolescent and young adult or adolescent or young adult” and “oncology or cancer or neoplasm or tumor or malignancy” and “global or worldwide or international” and “incidence or mortality or morbidity or burden or prevalence or survival”, and identified no additional comprehensive adolescent and young adult global cancer estimate reports.

Added value of this study
We share for the first time, the formal global analysis of the cancer burden in individuals aged 15–39 years in 2019, using disability-adjusted life-years (DALYs) estimated by the Global Burden of Diseases, Injuries, and Risk Factors Study (GBD) 2019. GBD 2019 is a valuable global health resource used to inform government health policy decisions around the world when comprehensive data might be absent. The global burden of cancer in terms of mortality and DALYs is substantial in the adolescent and young adult population. The global distribution of the adolescent and young adult cancer burden is unique, reflecting the shift from cancers that primarily affect children (eg, acute lymphoblastic leukaemia) to those that primarily affect adults (eg, carcinomas), and including cancers that occur most often in adolescents and young adults (eg, testicular cancers). Although high Socio-demographic Index (SDI) countries had the highest age-standardised incidence rates, they also had the lowest age-standardised mortality rates when compared to non-high SDI (low, low-middle, middle, and high-middle SDI) countries.

Implications of all the available evidence
The relative burden of deaths and DALYs due to adolescent and young adult cancer is high globally, concentrated primarily in non-high SDI settings. These estimates are crucial for comparing the burden of cancer to other causes of deaths and DALYs in adolescents and young adults and might be used to inform health policy and resource allocation priorities. Focus on adolescents and young adults as a distinct cancer population in the development of cancer control programmes is crucial to improving outcomes.

in access to appropriate care, timely diagnosis, and treatment. Although adolescents and young adults have not seen the same improvements in cancer survival as younger and older cohorts for certain cancers, including acute myeloid leukaemia and soft tissue sarcomas, this population has not historically been a major focus of cancer control programmes and research development. Instead, based on historical precedent, adolescents and young adults are often grouped with adult patients in clinical care and clinical trials, and, as a consequence, comprehensive assessments of the cancer burden and epidemiological patterns in this age group are largely unknown or unreported in many settings.

Previous studies have reported on global cancer incidence and mortality patterns of adolescents and young adults. One study used incidence and mortality estimates from GLOBOCAN 2012 for individuals aged 20–39 years, another reported incidence and mortality estimates from GLOBOCAN 2018 for individuals aged 15–39 years, and a third study reported international cancer incidence trends in individuals aged 15–39 years using data from the Cancer Incidence in Five Continents series, a publication comprising data from a subset of countries around the world with high-quality population-based cancer registries. However, global differences in measures that incorporate both morbidity and mortality due to adolescent and young adult cancers remain unexplored. Consideration of more comprehensive disease burden metrics is especially relevant in adolescents and young adults, whose disease burden might put a strain on their evolving careers and families.

The Global Burden of Diseases, Injuries, and Risk Factors Study (GBD) is the only global disease burden estimation framework that provides estimates of disability-adjusted life-years (DALYs) for cancer as a metric to complement incidence and mortality data. DALYs are a key measure of disease burden that include both fatal and non-fatal impacts of disease, and are used in the
GBD estimates disease burden for more than 300 diseases and injuries, allowing for comparative analyses with other causes of morbidity and mortality in adolescents and young adults. To our knowledge, no formal GBD analysis has previously been done of the global burden of cancer in the adolescent and young adult population. In this study, we aimed to analyse and report adolescent and young adult cancer burden estimates, using the most encompassing definition of adolescents and young adults (ie, individuals aged 15–39 years),\(^2,3\) with a focused analysis on DALY estimates. DALYs represent an important comprehensive assessment of cancer burden in this distinctive population, adding to existing estimates of disease burden with more classic measures, and are crucial to informing cancer control strategies that address health disparities and inequities in this population.

Methods

GBD study overview

GBD was established to provide global disease burden metrics that are comprehensive and comparable over time. Estimates produced include incidence, prevalence, mortality, years of life lost (YLLs), years lived with disability (YLDs), and DALYs, measures that can each be used to describe different aspects of the adolescent and young adult cancer burden. Estimates are generated for each disease and injury and are reported by age group, sex, location, and year. Each GBD iteration replaces the previous round of GBD estimates for the entire estimated time series, so that updates to data and methods in the new GBD round are applied consistently across time. The present analysis was based on GBD 2019 estimates.\(^1,3,14\) GBD 2019 was done in accordance with the Guideline for Accurate and Transparent Health Estimates Reporting (appendix pp 5, 6).\(^15\) Data sources used in GBD 2019 are available online and are further outlined in the appendix (p 10). This manuscript was produced as part of the GBD Collaborator Network and in accordance with the GBD Protocol. Analyses were completed with Python (versions 3.6.2 and 3.6.7), Stata (version 13), and R (versions 3.5.0 and 3.4.1).

Definitions

Although the definition of the age range for adolescents and young adults varies, particularly in the upper age limit,\(^1,3,8,13\) we used the age range of 15–39 years in this study, since this is the most encompassing age range definition recommended in oncology, is endorsed by the US National Cancer Institute and the AYA Working Group of the European Society for Medical Oncology and the European Society for Paediatric Oncology,\(^7\) and allows for comparability with other studies on adolescent and young adult cancer.\(^7\) Individuals aged 15–39 years have also experienced the least progress in survival outcomes in most countries.\(^9\) Data for this age range are available online with the GBD Results Tool and for subsets of this age range with the GBD Compare data visualisation tool or GBD Results Tool. As there are differences in the preferred age range used to define adolescents and young adults around the world, results of the narrower age range of 15–29 years are presented in the appendix (pp 115–122).

All malignant cancer types, as defined in the tenth revision of the International Classification of Diseases, chapter II (Neoplasms),\(^9\) were categorised into 32 cancer groups in this analysis, called causes in GBD and this Article. Non-melanoma skin cancers were excluded, since they are not a major cause of mortality in this age range. The cause “other malignant neoplasms” in GBD includes estimates for cancers not included in any other GBD cancer cause, such as bone cancers and soft tissue sarcomas (see appendix p 11 for more details about cancer mapping). The adolescent and young adult age group was compared to children (aged 0–14 years) and older adults (aged ≥40 years) in specific analyses. The focus of this analysis was on global and regional estimates, although GBD 2019 also produces estimates at the national and, for select countries, subnational level. National and subnational estimates are available in the GBD Compare and GBD Results tools online. Select results are presented by quintiles of the Socio-demographic Index (SDI; countries ranked and divided into five equal SDI groups), which is a composite measure of income per capita, total fertility rate (age <25 years), and average educational fulfilment (for those aged ≥15 years), and is a useful summary measure of a country’s overall social and economic development that allows for analyses of disease burden patterns across different resource contexts (appendix p 56).\(^16\) All cancer rates were reported per 100 000 person-years. The GBD world population standard was used for the calculation of age-standardised rates (appendix p 56).

Estimation of cancer burden

The GBD cancer estimation process begins with a focus on mortality. Data sources include vital registration systems, verbal autopsies, and population-based cancer registration systems. Some cancer registries report incidence only; therefore, mortality-to-incidence ratios (MIRs) were used to convert cancer registry incidence data to estimates of mortality, increasing data availability in locations that might not have mortality data, but have active cancer registries. Using a spatiotemporal Gaussian process regression, MIRs were modelled for all combinations of age, sex, year, and location with incidence data from cancer registries and mortality data from cancer registries or high-quality vital statistics registries (elaborated in the appendix pp 25, 26).\(^17\) Estimates of mortality obtained with MIRs were combined with vital registration and verbal autopsy mortality data and used as inputs in cancer type and sex-specific Cause of Death Ensemble models (CODEm).\(^18\) The CODEm methodology uses all available mortality data to select the optimal model or models on the basis of out-of-sample predictive performance.
Cancers

Breast cancer 2490 (2360–2720) 82.1 (74.4–89.8) 170 (154–186) 5.6 (5.1–6.1) 43.1 (39.1–47.3) 1.4 (1.3–1.6)

Brain and CNS cancer 1750 (1630–1870) 58.4 (46.2–64.9) 61.5 (48.2–69.1) 2.1 (1.6–2.6) 29.1 (23.0–32.3) 1.0 (0.8–1.1)

Colon and rectum cancer 1630 (1510–1760) 53.9 (49.9–58.1) 76.1 (70.2–82.9) 2.5 (2.3–2.7) 28.4 (26.2–30.5) 0.9 (0.9–1.0)

Stomach cancer 1570 (1470–1660) 52.0 (47.8–56.2) 49.0 (45.0–53.1) 1.6 (1.5–1.8) 27.9 (25.7–30.2) 0.9 (0.8–1.0)

Cervical cancer 1560 (1320–1810) 51.4 (43.5–58.7) 119.9 (96.6–135) 3.9 (3.3–4.5) 27.2 (22.9–31.1) 0.9 (0.8–1.0)

Tracheal, bronchus, and lung cancer 1390 (1270–1510) 45.8 (42.0–50.0) 32.6 (29.7–35.5) 1.1 (1.0–1.2) 24.8 (22.7–26.0) 0.8 (0.7–0.9)

Non-Hodgkin lymphoma 1280 (1090–1380) 42.8 (39.8–46.4) 52.4 (47.0–58.7) 1.8 (1.6–2.0) 20.8 (19.3–22.6) 0.7 (0.6–0.8)

Liver cancer 1050 (938–1160) 34.6 (31.0–38.4) 25.4 (22.7–28.4) 0.8 (0.8–0.9) 18.6 (16.6–20.7) 0.6 (0.5–0.7)

Other leukemia 949 (791–1080) 32.0 (26.6–36.4) 28.8 (23.8–32.8) 1.0 (0.8–1.1) 15.3 (12.7–17.4) 0.5 (0.4–0.6)

Acute lymphoid leukemia 766 (634–844) 26.1 (21.7–28.8) 38.7 (32.2–43.2) 1.3 (1.1–1.5) 11.7 (9.4–12.9) 0.4 (0.3–0.4)

Acute myeloid leukemia 748 (678–858) 25.2 (22.9–28.9) 20.2 (18.2–22.8) 0.7 (0.6–0.8) 12.2 (11.0–14.0) 0.4 (0.4–0.5)

Lip and oral cavity cancer 580 (520–644) 19.2 (17.2–21.0) 29.4 (26.3–32.7) 1.0 (0.9–1.1) 10.0 (9.0–11.1) 0.3 (0.3–0.4)

Ovarian cancer 529 (443–606) 17.6 (14.7–20.5) 35.8 (30.5–41.0) 1.2 (1.0–1.4) 8.9 (7.4–10.1) 0.3 (0.3–0.4)

Hodgkin lymphoma 508 (432–600) 17.1 (14.5–20.2) 33.4 (29.9–40.5) 1.1 (1.0–1.4) 8.9 (6.8–9.5) 0.3 (0.3–0.4)

Pancreatic cancer 421 (387–463) 13.9 (12.8–15.2) 9.4 (8.5–10.9) 0.3 (0.3–0.3) 7.6 (6.8–8.9) 0.3 (0.3–0.3)

Nasopharynx cancer 363 (334–394) 12.1 (11.1–13.1) 28.6 (25.4–32.3) 0.9 (0.8–1.1) 6.0 (5.6–6.6) 0.2 (0.2–0.2)

Testicular cancer 349 (319–383) 11.7 (10.6–12.8) 57.4 (51.6–61.4) 1.9 (1.7–2.2) 5.3 (4.9–5.8) 0.2 (0.2–0.2)

Oesophageal cancer 344 (308–382) 11.3 (10.1–12.6) 8.8 (7.2–9.7) 0.3 (0.2–0.3) 6.2 (5.7–6.9) 0.2 (0.2–0.2)

Chronic myeloid leukemia 295 (263–335) 9.8 (8.7–11.2) 9.2 (8.4–10.2) 0.3 (0.3–0.3) 4.9 (4.3–5.6) 0.2 (0.2–0.2)

Malignant skin melanoma 259 (216–318) 8.6 (7.2–10.5) 35.7 (30.5–46.4) 1.2 (1.0–1.5) 4.1 (3.5–5.1) 0.2 (0.2–0.2)

Other pharynx cancer 245 (211–276) 8.1 (7.0–9.1) 7.1 (6.2–7.9) 0.2 (0.2–0.3) 4.3 (3.6–4.9) 0.1 (0.1–0.1)

Kidney cancer 239 (220–264) 7.9 (7.3–8.8) 21.1 (19.9–23.3) 0.7 (0.6–0.8) 4.0 (3.6–4.4) 0.1 (0.1–0.1)

Thyroid cancer 191 (168–214) 6.4 (5.6–7.1) 46.8 (40.6–51.7) 1.6 (1.3–1.7) 2.8 (2.5–3.2) 0.1 (0.1–0.1)

Gallbladder and biliary tract cancer 122 (113–147) 4.4 (3.7–4.9) 3.8 (3.2–4.6) 0.1 (0.1–0.1) 2.3 (2.0–2.6) 0.1 (0.1–0.1)

Larynx cancer 128 (118–138) 4.2 (3.9–4.6) 4.2 (3.8–4.8) 0.1 (0.1–0.2) 2.5 (2.0–2.6) 0.1 (0.1–0.1)

Bladder cancer 124 (113–137) 4.1 (3.7–4.5) 14.1 (12.6–15.8) 0.5 (0.4–0.5) 2.0 (1.8–2.2) 0.1 (0.1–0.1)

Uterine cancer 110 (85–124) 3.6 (2.8–4.4) 19.4 (18.5–20.8) 0.6 (0.5–0.7) 1.8 (1.7–2.0) 0.1 (0.1–0.1)

Multiple myeloma 95.6 (74.3–107) 3.2 (2.5–3.5) 2.9 (2.3–2.6) 0.1 (0.1–0.1) 1.6 (1.1–1.8) 0.1 (0.1–0.1)

Chronic lymphoid leukemia 61.4 (52.8–69.4) 2.0 (1.8–2.3) 4.6 (3.9–5.5) 0.1 (0.1–0.2) 1.0 (0.8–1.2) 0.0 (0.0–0.0)

Mesotheelioma 56.4 (44.1–67.9) 1.9 (1.5–2.2) 1.4 (1.1–1.7) 0.0 (0.0–0.0) 0.9 (0.77–1.2) 0.0 (0.0–0.0)

Prostate cancer 54.3 (47.2–66.1) 1.8 (1.6–2.2) 5.4 (4.7–5.8) 0.2 (0.2–0.2) 0.8 (0.75–1.0) 0.0 (0.0–0.0)

Other malignant neoplasms 3230 (2920–3530) 109.1 (98.8–119.4) 141.3 (130–154) 4.8 (4.5–5.1) 51.5 (46.6–56.2) 1.7 (1.6–1.9)

Table: Adolescent and young adult cancer burden globally and by SDI quintile in 2019
14 DALY estimates were the GBD 2019 summary publications.\textsuperscript{13,14} Methods are provided in the appendix (pp 7–57) and in www.thelancet.com/oncology highest age [48·8–57·9] per 100 deaths among individuals aged 15–39 years worldwide in 2019 (table), of which 2·7% (1·9–3·6) came from YLs and 97·3% (96·4–98·1) from YLLs (appendix p 79). The majority (91·4% [91·0–91·8]) of the worldwide absolute adolescent and young adult cancer DALY burden is concentrated in non-high SDI (low, low-middle, middle, and high-middle SDI) quintiles. Overall, high SDI settings have the highest age-standardised incidence rate (59·6 [54·5–65·7] per 100 000 person-years), but the lowest age-standardised DALY rate (564·3 [542.8–590.1] per 100 000 person-years). Breast cancer (10·6% [10·0–11·2]), followed by brain and CNS cancer (7·4% [6·0–8·0]), colon and rectum cancer (7·0% [6·6–7·3]), and stomach cancer (6·7% [6·5–7·0]) were the four greatest contributors to the DALY burden globally for both sexes combined, of separately categorised cancers (appendix p 81). If leukaemias were considered as a single group, given that they are treated by haematologist-oncologists and have a similar diagnostic approach, rather than as individual leukaemia subtypes, leukaemias would be the largest categorised cancer group contributing to the global cancer DALY burden (12·0% [10·9–12·8]), greater than that of breast cancer. The “other malignant neoplasms” category, the aggregated cancer cause category for cancers not separately estimated in the GBD framework, comprised the highest proportion of the adolescent and young adult cancer DALY burden globally (13·7% [12·8–14·5]; appendix p 81). A focused analysis of individuals aged 15–29 years is provided in the appendix (pp 115–122).

The greatest burden of cancer in adolescents and young adults in 2019, as represented by age-standardised DALY rates, was concentrated in parts of Asia, southern sub-Saharan Africa, and South America (figure 1A; appendix p 84). The distribution of DALYs due to cancer in adolescents and young adults is distinct from that of children (figure 1B) and older adults (figure 1C). The geographical pattern of age-standardised DALY rate quintiles for adolescent and young adult cancer was similar to the geographical pattern of childhood cancers in high SDI countries and resembled the distribution of adult cancer in low and middle SDI countries (figure 1).

Of all age groups, individuals aged 35–39 years had the largest contribution to the adolescent and young adult global cancer DALYs (8·4 million [95% UI 7·8–9·0], with corresponding DALY rates of 1547·6 [1441·3–1658·0] per 100 000 person-years; figure 2A). The proportion of DALYs attributed to leukaemias declined with increasing age across the adolescent and young adult population (26·7% [24·8–28·8] of total age group DALYs, corresponding to 0·64 million [0·56–0·72] DALYs in those aged 15–19 years vs 6·2% [5·6–6·7] of total age group DALYs, corresponding to 0·52 million [0·46–0·58] DALYs in those aged...
Age-standardised DALY rate quintiles

Quintile 1 (0–20%)
Quintile 2 (21–40%)
Quintile 3 (41–60%)
Quintile 4 (61–80%)
Quintile 5 (81–100%)

A  Adolescent and young adult cancers

B  Childhood cancers

(Figure 1 continues on next page)
35–39 years; appendix p 107). The proportion of DALYs attributed to carcinomas increased with increasing age across the adolescent and young adult population (18·1% [17·3–19·3] of total age group DALYs in those aged 15–19 years, corresponding to 0·43 million [0·40–0·47] DALYs per 100 000 person-years, quintile 2 (21–40%) corresponds to 539 to less than 729 DALYs per 100 000 person-years, quintile 3 (41–60%) corresponds to 729 to less than 833 DALYs per 100 000 person-years, and quintile 4 (61–80%) corresponds to 833 to less than 1010 DALYs per 100 000 person-years. For childhood cancers (age 0–14 years), quintile 1 (0–20%) corresponds to less than 250 DALYs per 100 000 person-years, quintile 2 (21–40%) corresponds to 250 to less than 311 DALYs per 100 000 person-years, quintile 3 (41–60%) corresponds to 311 to less than 396 DALYs per 100 000 person-years, and quintile 4 (61–80%) corresponds to 396 to less than 495 DALYs per 100 000 person-years. For adult cancers (age ≥40 years), quintile 1 (0–20%) corresponds to less than 6680 DALYs per 100 000 person-years, quintile 2 (21–40%) corresponds to 6680 to less than 7390 DALYs per 100 000 person-years, quintile 3 (41–60%) corresponds to 7390 to less than 8580 DALYs per 100 000 person-years, and quintile 4 (61–80%) corresponds to 8580 to less than 9890 DALYs per 100 000 person-years, and quintile 5 (81–100%) corresponds to 9890 or more DALYs per 100 000 person-years. There are several geographical locations (shown in white) where estimates are not available (eg, Western Sahara and French Guiana) as they were not modelled locations in GBD 2019. DALY=disability-adjusted life-year. GBD=Global Burden of Diseases, Injuries, and Risk Factors Study.
Articles

The proportion of adolescent and young adult cancers that were in the “other malignant neoplasms” category was highest in the low SDI quintile (20·1% [18·7–22·2]) and lowest in the high-middle SDI quintile (9·9% [9·5–10·6]).

The top five causes by absolute DALY burden in females globally in 2019 were breast cancer (2·46 million [95% UI 2·23–2·70] DALYs), cervical cancer (1·56 million [1·32–1·78] DALYs), “other malignant neoplasms” (1·35 million [1·21–1·51] DALYs), stomach cancer (732 000 [653 000–814 000] DALYs), and brain and CNS cancer (722 000 [536 000–827 000] DALYs; figure 4; appendix pp 66–69). The five cancers with the highest absolute DALY burden in males were “other malignant neoplasms” (1·88 million [1·64–2·12] DALYs); brain and CNS cancer (1·03 million [0·76–1·19] DALYs); colon and rectum cancer (973 000 [887 000–1070 000] DALYs); tracheal, bronchus, and lung cancer (856 000 [766 000–952 000] DALYs); and stomach cancer (842 000 [767 000–928 000] DALYs; figure 4; appendix pp 62–65). In 2019, females had a higher overall incidence of cancer than males globally (686 000 [622 000–751 000] vs 509 000 [469 000–549 000] incident cancer cases), but had similar absolute mortality (202 000 [184 000–222 000] vs 194 000 [179 000–209 000] deaths; appendix pp 62, 66, 82–83). Breast and cervical cancer combined made up a substantial proportion of the DALY burden globally in females (33·6% [32·3–35·1]). Among the non-sex-specific cancer causes, males had higher absolute DALYs globally in 24 of 27 cancer groups, representing a 13·7% (3·5–25·1) overall higher absolute number of DALYs than females.

Rankings of the burden of absolute DALYs and deaths due to adolescent and young adult cancer compared to other diseases in individuals aged 15–39 years, both globally and by SDI quintile, are shown in figure 5. Adolescent and young adult cancer had the tenth highest DALY burden globally (23·5 million [95% UI 21·9–25·2] DALYs; figure 5A) among 22 causes of DALYs at this level in the GBD hierarchy. The inter-category rankings show that cancer ranks higher than other prominent causes of DALYs in high, high-middle, and middle SDI quintiles, compared to low-middle and low SDI quintiles. In adolescents and young adults, deaths from cancer ranked fourth globally (396 000 [370 000–425 000]; figure 5B), among 21 causes of death at this level in the GBD hierarchy, with a higher intra-SDI quintile ranking in high, high-middle, and middle SDI regions, compared to low-middle and low SDI regions. In comparison, deaths due to cancer ranked 11th globally in those younger than...
15 years and second in those older than 39 years (appendix pp 105, 106). In 2019, deaths due to cancer in the adolescent and young adult population were lower than those estimated for transport injuries and cardiovascular and circulatory diseases, but higher than those estimated for HIV/AIDS and sexually transmitted infections, respiratory infections and tuberculosis, and unintentional injuries (figure 5B). More detailed findings are summarised in the appendix (pp 62–114). An additional analysis showed that 8·6% (95% UI 8·2–9·1) of all adolescent and young adult cancer cases are included in the WHO Global Initiative for Childhood Cancer (appendix p 56).

Discussion
In our analysis of adolescent and young adult cancer, based on data from GBD 2019, we show, to the best of our knowledge, for the first time that the global burden of adolescent and young adult cancer is substantial in terms of DALYs, a measure that is frequently used by governments to inform policy and resource allocation needs. From a descriptive perspective, the age-standardised distribution of adolescent and young adult DALYs was unique compared to both childhood and adult cancers, reflecting an expected but ill-described transition from childhood to adult cancer epidemiological patterns.20–22 Additionally, when the overall disease burden is studied cross-sectionally within the age range encompassing adolescents and young adults, the global burden of cancer contributed more DALYs to the global disease burden than some high-profile communicable diseases such as HIV/AIDS and sexually transmitted infections. This comparison of cancer with other leading causes of global mortality and DALYs in adolescents and young adults has not been previously documented. These results highlight that cancer is an important contributor to premature death and the disease burden in adolescents and young adults globally, even when compared with some communicable diseases that are the focus of more active global funding, research, and advocacy efforts.23 The findings also underscore the need to develop a global strategy to address the cancer burden in this population, which should include the integration of adolescent and young adult cancer into overall cancer control planning and universal health coverage plans.24

Because of the substantial burden of adolescent and young adult cancers globally, with the majority of DALYs occurring on the lower end of the SDI spectrum, broader
attention to the unique determinants driving cancer outcomes in this age range is needed. In 2017, the World Health Assembly accepted the global cancer challenge resolution, which stated the importance of including children and adolescents in the development of cancer control programmes. The World Health Assembly noted in particular that these populations often experience delays and difficulties in accessing care. Unfortunately, the resolution did not address the unique needs of young adults separately, thus reinforcing a gap in current global cancer control paradigms. There is an opportunity for advocates to directly address this gap, petitioning member states and developing an amendment specific to adolescents and young adults by emphasising the barriers faced by these patients.

The psychosocial challenges adolescents and young adults face is an important issue since these challenges are truly unique across the age spectrum and require resources and skills that are often not available to cancer treatment teams. The age range of adolescents and young adults encompasses their formative years in life and spans the time from completing education, to possibly starting a career and raising children, and potentially contributing to society more broadly. A cancer diagnosis during these years can have a considerable impact on individuals’ future life trajectory through major stressors, including feelings of isolation, anxiety and depression, concerns about infertility, discontinuing schooling or work, and financial hardship. Efforts to mitigate the issues distinct to this age group have resulted in the formation of organisations to help support adolescent and young adult patients with cancer. However, although these oncology advocacy efforts focused on adolescents and young adults have been successful in creating awareness campaigns and implementing adolescent and young adult programmes at cancer centres, these efforts have largely been limited to high-income countries. These initiatives need to be expanded globally, particularly in low SDI settings—which carry a disproportionate burden of adolescent and young adult cancer DALYs—with appropriate local knowledge and champions.

The array of cancer types is also unique in adolescents and young adults compared to children and adults. Even what seems to be the same cancer is often biologically different in adolescents and young adults than in patients of other age groups and thereby might benefit from a different approach to therapy. For these and other reasons, survival improvements in adolescent and young adult patients with cancer have lagged behind those of children and adults for several cancer types. Delivery of cancer care to adolescents and young adults should be

![Figure 4: Global absolute (A) and proportional (B) adolescent and young adult cancer DALY burden by sex in 2019](image-url)
### Table A

<table>
<thead>
<tr>
<th>Disease Category</th>
<th>Absolute DALYs (95% UI)</th>
<th>Global rank</th>
<th>High SDI rank</th>
<th>High-middle SDI rank</th>
<th>Middle SDI rank</th>
<th>Low-middle SDI rank</th>
<th>Low SDI rank</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mental disorders</td>
<td>56.5 (41.9–71.6)</td>
<td>3</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>4</td>
</tr>
<tr>
<td>Self-harm and interpersonal violence</td>
<td>40.5 (37.4–43.6)</td>
<td>2</td>
<td>6</td>
<td>3</td>
<td>4</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>Musculoskeletal disorders</td>
<td>39.4 (37.3–41.7)</td>
<td>3</td>
<td>2</td>
<td>2</td>
<td>6</td>
<td>3</td>
<td>5</td>
</tr>
<tr>
<td>Other non-communicable diseases</td>
<td>37.5 (37.3–41.8)</td>
<td>4</td>
<td>4</td>
<td>4</td>
<td>5</td>
<td>3</td>
<td>5</td>
</tr>
<tr>
<td>Transport injuries</td>
<td>35.7 (32.1–38.7)</td>
<td>5</td>
<td>7</td>
<td>5</td>
<td>3</td>
<td>4</td>
<td>7</td>
</tr>
<tr>
<td>Neurological disorders</td>
<td>30.5 (30.8–36.4)</td>
<td>6</td>
<td>5</td>
<td>7</td>
<td>7</td>
<td>9</td>
<td>10</td>
</tr>
<tr>
<td>Cardiovascular diseases</td>
<td>29.8 (27.6–32.1)</td>
<td>7</td>
<td>11</td>
<td>8</td>
<td>6</td>
<td>5</td>
<td>9</td>
</tr>
<tr>
<td>Unintentional injuries</td>
<td>29.7 (24.9–34.3)</td>
<td>8</td>
<td>8</td>
<td>6</td>
<td>8</td>
<td>8</td>
<td>12</td>
</tr>
<tr>
<td>Respiratory infections and tuberculosis</td>
<td>24.3 (21.6–27.1)</td>
<td>9</td>
<td>11</td>
<td>13</td>
<td>11</td>
<td>7</td>
<td>2</td>
</tr>
</tbody>
</table>

### Table B

<table>
<thead>
<tr>
<th>Disease Category</th>
<th>Absolute deaths (95% UI)</th>
<th>Global rank</th>
<th>High SDI rank</th>
<th>High-middle SDI rank</th>
<th>Middle SDI rank</th>
<th>Low-middle SDI rank</th>
<th>Low SDI rank</th>
</tr>
</thead>
<tbody>
<tr>
<td>Self-harm and interpersonal violence</td>
<td>599 000 (559 000–641 000)</td>
<td>3</td>
<td>1</td>
<td>1</td>
<td>1</td>
<td>3</td>
<td>3</td>
</tr>
<tr>
<td>Transport injuries</td>
<td>595 000 (541 000–550 000)</td>
<td>2</td>
<td>2</td>
<td>2</td>
<td>1</td>
<td>3</td>
<td>5</td>
</tr>
<tr>
<td>Cardiovascular diseases</td>
<td>456 000 (400 000–494 000)</td>
<td>3</td>
<td>5</td>
<td>4</td>
<td>3</td>
<td>2</td>
<td>6</td>
</tr>
</tbody>
</table>

### Figure 5

Ranking of absolute DALYs (A) and deaths (B) due to cancer compared to other disease groups in adolescents and young adults in 2019, for both sexes combined, globally and by SDI. Disease rank assigned by total absolute DALYs (A) or absolute deaths (B) globally in 2019 in the adolescent and young adult age group (15–39 years), with 1 representing the highest rank. Values in parentheses are 95% uncertainty intervals (UIs). Colour intensity is proportional to rank number (from 1 denoted by dark red to 22 [or 21 in panel B] denoted by dark green). Cancers comprise all malignant neoplasms, excluding non-melanoma skin cancers. Panels A and B included different causes because some causes do not have mortality estimated in this age range. Other non-communicable diseases comprise congenital birth defects; urinary diseases and male infertility; gynaecological diseases; haemoglobinopathies and haemolytic anaemias; endocrine, metabolic, blood, and immune disorders; and oral disorders. Other infectious diseases comprise meningitis, encephalitis, diphtheria, whooping cough, tetanus, measles, varicella and herpes zoster, acute hepatitis, and other unspecified infectious diseases. DALY=disability-adjusted life-year. SDI= Socio-demographic Index.
prioritised and optimised, especially in non-high SDI settings, where the majority of DALYs are reported. At present, adolescent and young adult patients often do not have an obvious health-care home and are frequently grouped into adult oncology service programmes because of age restrictions in paediatric wards or facilities.10,12,14 Where a patient receives care has important clinical and policy ramifications, as there is evidence of improvement in survival outcomes for some cancer types (eg, acute lymphoblastic leukaemia) when adolescents and young adults are treated according to paediatric protocols, which are often complex and might be unavailable in adult cancer centres.13,15 Furthermore, treatment by specialised adolescent and young adult oncology teams has been associated with improved survival of adolescents and young adults with cancer in some high-income countries, possibly as a result of access to cancer expertise, clinical trials, and multidisciplinary care.15 Although access to these centres and programmes is not currently possible in many settings, most adolescent and young adult patients with cancer might benefit from a multidisciplinary treatment approach involving close collaboration between paediatric and medical oncologists.

To improve outcomes in this unique population, a new approach to global cancer control in adolescents and young adults is required. Faced with similar challenges for children and adolescents, the recently launched WHO Global Initiative for Childhood Cancer provides one implementation framework for addressing gaps in access and care. This initiative includes adolescents up to 19 years of age, bridging the lowest ages included in adolescent and young adult oncology, and at least one cancer that predominantly occurs in adolescents and young adults—Hodgkin lymphoma—is an index cancer in this initiative. Although this is excellent news for the younger bounds of the adolescent and young adult spectrum, the Global Initiative for Childhood Cancer initiative covers only 8-6% (95% UI 8-2–9-1) of all adolescent and young adult cancer cases, and the unique needs of and potential synergies with adolescent and young adult cancer care are not specifically addressed. A dedicated initiative similar to the Global Initiative for Childhood Cancer is unlikely in the near future. Therefore, integration of adolescent and young adult cancer policies within WHO cancer initiatives such as the Global Initiative for Childhood Cancer and the WHO Cervical Cancer Elimination Initiative, a cancer that comprises approximately 10-0% (8-5–10-9) of adolescent and young adult cancer cases globally, could be prioritised in the short term. A strategy to integrate specific objectives of relevance to the adolescent and young adult population in these initiatives would immediately cover almost one-fifth of adolescent and young adult cancer cases and provide a template for future global cancer initiatives. Potential areas for collaboration could include integration of human papillomavirus (HPV) vaccination efforts into the Global Initiative for Childhood Cancer, an as-yet untapped opportunity, and inclusion of policies specific to adolescent and young adult patients in the WHO technical packages, such as provisions for referrals and access to expert adolescent and young adult cancer care and appropriate treatment regimens, psychosocial support, and universal health coverage to reduce financial hardship. Intentional collaboration with other WHO cancer initiatives could facilitate progress in both areas and highlight other potential areas of synergy for improving cancer outcomes in adolescents and young adults.

The adolescent and young adult cancer burden estimates presented in this study also underscore the limitations of GBD and possible opportunities to improve future assessments of the global adolescent and young adult cancer burden. The classification of adolescent and young adult cancers in this study is based on the GBD cancer cause list, which has historically focused on cancers occurring in adulthood. As such, GBD 2019 did not differentiate some of the most common adolescent and young adult cancer types, such as soft tissue sarcomas and bone tumours. These cancers contribute to the substantial proportion of “other malignant neoplasms” in this age range, cancers that do not have their own individual GBD cancer causes. Many of the rarer cancers that fall into this “other malignant neoplasms” category rely on complex multidisciplinary therapy (eg, provided by medical, radiation, and surgical oncologists), and resource allocation could be improved if their global burden was accurately known.3 Future studies should use the recently updated recommendations for classification of adolescent and young adult cancers to better characterise the cancer burden in this age group and minimise the number of cancer types falling into the “other malignant neoplasms” category.16 Additionally, the quality of the data obtained, especially from low-resource settings, might cause challenges due to underestimates or miscategorisation of less common cancer types.30 For instance, there was an observed decrease in the proportion of adolescent and young adult cancer DALYs due to brain and CNS cancers across the SDI spectrum, with the lowest proportion in low SDI settings. As many lower SDI countries do not have population-based cancer registries or robust referral mechanisms, the data upon which these estimates are drawn might be subject to underdiagnosis, misdiagnosis, or under-reporting. Therefore, results in lower SDI settings should be interpreted with caution. However, these modelled results provide a useful contribution towards determining the global burden of adolescent and young adult cancer, especially in regions where such data do not exist or are scarce. An additional limitation of the present analysis is that SDI was applied at the national level, but within-country socio-economic status can vary greatly. Improving global adolescent and young adult cancer burden estimates must be rooted in capacity-building efforts that consider the local context, to ensure identification of
incident cancer cases and deaths in the adolescent and young adult population, as well as expansion of and support for population-based cancer registration systems. Another potential limitation of the present analysis is the current approach to YLD estimation, which accounts for only 10 years after cancer diagnosis. Previous studies have shown that late effects, such as cardiomyopathy, can affect the adolescent and young adult population beyond the 10-year cutoff point.\textsuperscript{2,19} This limits the ability to determine the long-term chronic disease burden and competing risks for survivors in this population, which have the potential to be substantial. Additionally, the experience of disability for survivors of childhood cancer might be different to that of the general population. Thus, GBD 2019 might be underestimating the YLDs and DALYs associated with cancer in adolescents and young adults, and future efforts might be needed to identify ways to account for this limitation. Finally, this study focused on estimates from 2019, and thus did not incorporate the direct and indirect effects of the COVID-19 pandemic on the global adolescent and young adult cancer burden. This will be an important consideration in future studies as the data become available.

This report of the adolescent and young adult cancer burden from GBD 2019 identified a considerable burden of DALYs due to cancer in the global adolescent and young adult population. The absolute mortality burden in adolescents and young adults is highest in non-high SDI settings, underscoring the need for a global effort to improve outcomes in this population, with collaboration at the regional and country levels, as well as between governments, institutions, academic societies, and patient advocacy and non-profit organisations. Efforts to comprehensively estimate the global burden of cancer in adolescents and young adults are a crucial first step.\textsuperscript{10,21} Adolescent and young adult oncology has historically been less prioritised than cancer disciplines in younger and older patients. Increased awareness of the burden of cancer in this population could lead to targeted interventions for improved outcomes.

**Contributors**

Please see the appendix (pp 127–133) for more detailed information about individual author contributions to the research, divided into the following categories: managing the estimation or publication process; writing the first draft of the manuscript; primary responsibility for applying analytical methods to produce estimates; primary responsibility for seeking, cataloguing, extracting, or cleaning data; designing or coding figures and tables; providing data or critical feedback on data sources; development of methods or computational machinery; providing critical feedback on methods or results; drafting the manuscript or revising it critically for important intellectual content; and managing the overall research enterprise. Members of the core Institute for Health Metrics and Evaluation (IHME) research team (Lisa Force, Christina Fitzmaurice, Jonathan Kocarnik, Wei Jia Fu, Franny Dean, James Harvey, Rixing Xu, Alyssa Pennini, and Kelly Compton) for this topic area had full access to the underlying data used to generate estimates presented in this Article. All other authors had access to, and reviewed, estimates as part of the GBD and research evaluation process, which includes additional stages of internal IHME and external formal collaborator review. The corresponding author had final responsibility for the decision to submit the manuscript for publication.

**GBD 2019 Adolescent and Young Adult Cancer Collaborators**

University of São Paulo, Ribeirão Preto, Brazil; Modestum LTD, London, UK (M R Tovami-Palone PhD); Institute for Risk Assessment Sciences (IRAS) (E Traini MSc), Utrecht University, Utrecht, Netherlands; Department of Health Economics (B X Tran PhD), Faculty of Nursing and Midwifery (M T N Tran PhD), Hanoi Medical University, Hanoi, Vietnam; Department of Community Medicine (J P Tripathy MD), All India Institute of Medical Sciences, Nagpur, India; Department of Epidemiology and Biostatistics (B S Tusa MPH), Haramaya University, Haramaya, Ethiopia; Department of Allied Health Sciences (I Ullah PhD), Iqra National University, Peshawar, Pakistan; Pakistan Council for Science and Technology [I Ullah PhD], Ministry of Science and Technology, Islamabad, Pakistan; Department of Pediatric Cardiology (R Umamathi MD), Rush University, Chicago, IL, USA; Amy Institute of Biotechnology (E Upadhyay PhD), Amity University Rajasthan, Jaipur, India; Clinical Cancer Research Center (S Valadan Tahbaz PhD, S Yahyazadeh Jabbari MD), Milad General Hospital, Tehran, Iran; Department of Microbiology (S Valadan Tahbaz PhD), Faculty of Medicine (M Zahir MD), Islamic Azad University, Tehran, Iran; School of Mathematics and Statistics (Prof P J Villeneuve PhD), Carleton University, Ottawa, ON, Canada; Occupational Health Unit (Prof F S Violante MD), Sant’Orsola Malpighi Hospital, Bologna, Italy; Foundation University Medical College (Prof Y Waheed PhD), Foundation University Islamabad, Islamabad, Pakistan; Centre for Chronic and Noncommunicable Disease Control and Prevention (N Wang PhD), Chinese Center for Disease Control and Prevention, Beijing, China; Key Laboratory of Shaanxi Province for Craniofacial Precision Medicine Research (Y Wen PhD), Stomatological Hospital (College of Xian Jiaotong University, Xian, China; Competence Center of Mortality-Follow-Up of the German National Cohort (R Westerner DSc), Federal Institute for Population Research, Wiesbaden, Germany; Institute of Health and Society (Prof A S Winkler PhD), University of Oslo, Oslo, Norway; Department of Neurology (Prof A S Winkler PhD), Technical University of Munich, Munich, Germany; Department of Endocrinology, First Affiliated Hospital (Prof S Xu PhD), University of Science and Technology of China, Hefei, China; Department of Medicine (Prof S Xu PhD), University of Rochester, Rochester, NY, USA; Cancer Epidemiology and Prevention Research (I. Yang PhD), Alberta Health Services, Calgary, BC, Canada; Department of Oncology (I. Yang PhD), University of Calgary, Calgary, AB, Canada; School of International Development and Global Studies (Prof S Yapa PhD), University of Ottawa, Ottawa, ON, Canada; Department of Neuropsychopharmacology (Y Yonemoto PhD), National Center of Neurology and Psychiatry, Kodaira, Japan; Department of Public Health (N Yonemoto PhD), Juntendo University, Tokyo, Japan; School of Medicine (Prof M Z Younis PhD), Tsinghua University, Beijing, China; Department of Clinical Pharmacy and Outcomes Sciences (I Yunusa PhD), University of South Carolina, Columbia, SC, USA; Epidemiology and Cancer Registry Sector (Prof V Zadnik PhD), Institute of Oncology Ljubljana, Ljubljana, Slovenia; Social Determinants of Health Research Center (T Zahoor Mughdham PhD, H Zandian PhD), Department of Community Medicine (H Zandian PhD), Ardabil University of Medical Science, Ardabil, Iran; Addictionology Department (Prof M S Zastrozhin PhD), Russian Medical Academy of Continuous Professional Education, Moscow, Russia; People’s Friendship University of Russia (Moscow, Russia (A Zastrozhin PhD); Department of General Practice (J Zhang MD), University of Melbourne, Melbourne, VIC, Australia; Victorian Comprehensive Cancer Centre, Melbourne, VIC, Australia; Department of Radiology Medicine (A Beyer MD), Oregon Health and Science University, Portland, OR, USA; McGovern Medical School (A Beyer MD), University of Texas, Houston, TX, USA.

Declaration of interests

R Ancuceanu reports consulting fees from Abbvie; and payment or honoraria for lectures, presentations, speakers bureaus, manuscript writing or educational events from Abbvie, Sandoz and B. Braun, all outside the submitted work. H Arefin reports payment or honoraria for lectures, presentations, speakers bureaus, manuscript writing or educational events from Amgen, all outside the submitted work. M Atashzar reports supports for the present manuscript from medical writing and analysis of data. M Atashzar reports paid consulting fees; and receipt of equipment, materials, drugs, medical writing, gifts or other services from medical writing, all outside the submitted work. P Atchery reports support for the present manuscript from the School of Medicine and Public Health, University of Newcastle, Australia, Hunter Medical Research Institute, University of Newcastle, Australia, and Hunter New England, Population Health. 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German National Committee on the “Future of Public Health Research and Education”; Chair of the scientific advisory board to the EDCTP Evaluation; Member of the UNAIDS Evaluation Expert Advisory Committee; National Institute of Health Study Section Member on Population and Public Health Approaches to HIV/AIDS (PPAH), US National Academies of Sciences, Engineering, and Medicine’s Committee for the “Evaluation of Human Resources for Health in the Republic of Rwanda under the President’s Emergency Plan for AIDS Relief (PEPFAR)”, University of Pennsylvania (U-Penn) Population Aging Research Center (PARC) as an External Advisory Board Member; leadership or fiduciary role in board, society, committee or advocacy group, paid or unpaid as a Co-chair of the Global Health Hub Germany (which was initiated by the German Ministry of Health); all outside the submitted work. 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To download the data used in these analyses, please visit the Global Health Data Exchange GBD 2019 website at http://ghdx.healthdata.org/gbd-2019.

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